



**48th Annual
HOWARDE. VAN CAMP**



**2023 INVITATIONAL
COMPETITION**

MARCH 17-19, 2023

2810 Hannah Blvd.
East Lansing, MI 48823
517.336.4272

**SUBURBAN
EAST LANSING
ICE**



**48th Annual
Howard E. Van Camp Invitational Competition
Lansing Skating Club
March 17-19, 2023
www.lansingskatingclub.com**

The 2023 Howard E. Van Camp Invitational Competition is a non-qualifying competition and will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the **current rulebook** and current Compete USA handbook, as well as any pertinent updates that have been posted on the U.S. Figure Skating **website**. The competition events are standard U.S. Figure Skating Non-Qualifying Competition events, except where otherwise indicated. The Chief Referee is Barry Doren.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules. Skaters must be a currently registered member of a U.S. Figure Skating member club, a Learn to Skate USA member, a collegiate club or an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the current rulebook for more information.

COVID-19 INFORMATION:

For the most recent U.S. Figure Skating COVID-19 policy requirements, [CLICK HERE](#).

SERIES INFORMATION:



We are honored that the Howard E. Van Camp Invitational has been selected as a Designated Competition for the **2023 Excel Series and the 2023 Solo Dance Series**. Registration for the Excel Series and the Solo Dance Series is available through EMS within [Series Information](#).

Please refer to the US Figure Skating Website for all current series information:

[2023 Solo Dance Series](#) | [2023 Excel Series](#)

ELIGIBILITY

Test Level:

As of December 1, 2022, singles athletes may opt to accelerate their test progression within U.S. Figure Skating and thus compete at level(s) best suited for their technical skillset. Athletes must still meet the minimum requirements for each level and additionally, if participating within the National Qualifying Series (NQS) or National Excel Series (Excel), they will establish a **competitive floor** (i.e., the lowest level they can compete at).

The **competitive floor** is determined only by the level selected through the EMS Series Application for NQS or Excel and is not uniquely tied to competition registration (regardless of series participation).



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Example #1, if an athlete passed their junior free skate test in November and competed in the 2022-23 NQS as a Novice from July - September, they may register for either novice or junior in excel or well-balanced events. The novice level will remain their competitive floor until they complete an EMS Series Application at the junior level or higher for NQS or Excel.

Example #2, if an athlete passed their juvenile free skate but has not competed in NQS or Excel (i.e., they have not established a competitive floor), they have the option to compete pre-preliminary – intermediate (if skate up is permitted). While the options are wide, U.S. Figure Skating entrusts the coach to guide the athlete to select the appropriate level for the athlete based on their technical skillset.

Eligibility Notes:

1. The singles free skate test levels will remain as a minimum requirement to compete.
2. Athletes may not skate down in any event.
3. This update does NOT apply to Adult, Showcase and Solo Dance.

If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email events@usfigureskating.org or refer to information sheet [HERE](#).

SKATESAFE COMPLIANCE:

For full details about SkateSafe compliance at U.S. Figure Skating competitions, refer to the U.S. Figure Skating SkateSafe webpage: www.usfigureskating.org/skatesafe.

US FIGURE SKATING TRAVEL POLICY:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

LIABILITY: U.S. Figure Skating, Learn To Skate USA, Lansing Skating Club, and Suburban Ice East Lansing accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

FEES: Fees include video download for events with music. Entry fees are per person/team, per event. For events selected at registration, they are priced in the following order: 1) combined, 2) by IJS, 3) by 6.0. Refer to the pricing within the event grid.

Fees for missed deadlines and additional charges:

- **Change of Event Fee** \$20 per event changed after the entry deadline
- **Late Entry Fee** \$50
- **Late Music/PPC Upload** \$20
- **Contested Credit Card Fee** \$50 for each contested credit card charge.

*** Payment of all fees will be required before the skater can be checked in onsite to participate in practice ice or events.**

REFUND POLICY: Entry fees will not be refunded after the entry deadline of February 10, 2023 unless the event is cancelled. Events will be held even if only one skater is registered in an event. Processing/administrative fees are not refundable. There will be no refunds for medical withdrawals.



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Events Offered

[Click HERE to view the program requirements for the current season.](#)

U.S. FIGURE SKATING EVENTS				
SINGLES	JUDGING	1 st EVENT	2 nd EVENT	3 rd + EVENT
Excel Free Skate (All "Plus" Events, Juvenile – Senior)	IJS	\$175	\$65	\$45
Excel Free Skate (Beginner – Pre-Juvenile)	6.0	\$135	\$65	\$45
Well Balanced Short Program	IJS	\$175	\$65	\$45
Well Balanced Free Skate (Preliminary – Senior)	IJS	\$175	\$65	\$45
Well Balanced Free Skate (No Test & Pre-Preliminary)	6.0	\$135	\$65	\$45
Adult Free Skate (Adult Silver – Master Jr/Sr)	IJS	\$175	\$65	\$45
Adult Free Skate (Adult Pre-Bronze & Bronze)	6.0	\$135	\$65	\$45
Adult Beginner & High Beginner Free Skate	6.0	\$135	\$65	\$45
SPECIALTY	JUDGING	1 st EVENT	2 nd EVENT	3 rd + EVENT
Compulsory Moves (No Test – Pre-Juvenile)	6.0	\$135	\$65	\$45
Excel Compulsory Moves (Excel Beginner–Excel Preliminary)	6.0	\$135	\$65	\$45
Jumps Challenge (Beginner – Senior)	6.0	\$135	\$65	\$45
Spins Challenge (Beginner – Senior)	6.0	\$135	\$65	\$45
SHOWCASE	JUDGING	1 st EVENT	2 nd EVENT	3 rd + EVENT
Individual Entertainment (Low & High Levels, with events offered as described below)	CJS	\$175	\$65	\$45
Duets (Low & High Levels, with events offered as described below)	CJS	\$175	\$65	\$45
SOLO DANCE (*available to series and non-series participant)	JUDGING	1 st EVENT	2 nd EVENT	3 rd + EVENT
Solo Pattern Dance*	IJS	\$175	\$65	\$45
Solo Free Dance	IJS	\$175	\$65	\$45



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Solo Combined Dance*	IJS	\$230	\$230	\$230
Shadow Dance*	IJS	\$175	\$65	\$45
Adult Solo Free Dance	6.0	\$135	\$65	\$45
COMPETE USA EVENTS				
Snowplow Sam-Basic 6 Program w/ Music	6.0	\$65	\$55	\$45
Pre-Free Skate – Free Skate 1-6 Program w/ Music	6.0	\$65	\$55	\$45
Snowplow Sam – Basic 6 Elements (Elements performed as a program with no music, ½ ice, 1:00 max time)	6.0	\$65	\$55	\$45
Pre-Free Skate – Free Skate 1-6 Compulsory Moves	6.0	\$65	\$55	\$45

Showcase Events – Adapted for Van Camp

Van Camp will be using three categories for its Showcase events. Each category will be divided into a High and Low level. The High level will be Preliminary through Senior and the Low level will be Beginner through Pre-Preliminary. High level events will have a 2:40 max time; Low level events will be 1:30 max. Test levels and other information may be found in the Nonqualifying Competition Showcase Guidelines Handbook. Scoring will be done by the Component Judging System (CJS) for theatrical and artistic qualities.

- **Emotional (formerly Dramatic) Performance:** Programs should portray a story, expressing conflict, resolution and/or depth of emotion. Skater should provoke an emotional response with the audience - through related skating movements, gestures and choreographic processes. The entire spectrum of emotions should be considered when selecting the theme (e.g. love, loss, longing, fulfillment, happiness, melancholy, sadness, etc.). • Lip synching is not permitted. • Props and scenery are permitted. • No technical limitations.
- **Lyrical Pop:** Perform to your favorite song containing lyrics, without lip-synching. • Lip synching is not permitted. • Props and scenery are not permitted. • No technical limitations.
- **Character Performance:** Skaters will impersonate a character, original or adapted, on the ice. Performances as a character from a movie, musical, book, original idea, original adaptation are all welcome here. • Lip synching is required. • Props and scenery are permitted. • No technical limitations.

COACHES:

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements as verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition. Coaches will need to check in at the registration desk and show a government issued photo I.D.



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to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

A maximum of TWO coach credentials will be provided per registered skater. PLEASE REGISTER ONLY THE COACH OR COACHES THAT WILL ATTEND THE COMPETITION WITH YOU.

EMS Coach Resources:

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

COMPETITION REGISTRATION:

Entries will be accepted via [EMS](#) with credit card only. Each transaction includes a 3% credit card fee.

Registration Deadline: February 10, 2023, 11:59 p.m. ET

Late entries after the February 10th deadline may be accepted at the discretion of the LOC, but will incur an additional **\$50 late fee**. Any change to the skating level or event after the entry deadline will be charged a **\$20 administrative fee per event changed**, with no exceptions.

1. Go to <https://m.usfigureskating.org>
2. Enter your U.S. Figure Skating or for Compete USA events, your Learn to Skate USA member number, and password.
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then "Competition Registration".
4. Choose "2023 Howard E. Van Camp Invitational" from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

FOREIGN SKATERS: Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the "Create Account (Non-Member)" option on the [Members Only](#) login page.

PARTNERED EVENTS – Shadow Dance and Duets: Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

MANDATORY ATHLETES: Athletes age 18+ as of the competition start date who will be competing on a team (i.e. shadow dance, theatre, etc.) with at least one minor athlete must complete SkateSafe training.

TEST CREDIT: Skaters that meet the requirements for test credit will be able to pick up necessary forms at the Registration Desk. A fee of \$15 will be charged for test protocols.

MUSIC SUBMISSION: Competitors participating in events with music are **required to upload their music to [EMS Competition Portal](#)** no later than **March 1, 2023, 11:59 p.m. ET**. After this date, skaters will be locked out of this feature and subject to a **\$20 late fee**. The late fee will automatically be added to each skater's cart who does not meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to checking in onsite.

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does



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not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

PLANNED PROGRAM CONTENT (PPC) SUBMISSION: Competitors participating in IJS events are required to submit PPC in [EMS Competition Portal](#) no later than **March 1, 2023, 11:59 p.m. ET**. After this date skaters will be locked out of this feature in EMS and subject to a **\$20 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to checking in onsite.

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

PRACTICE ICE: Practice ice will be offered at various times on all days of the competition. All sessions are 20 minutes in duration. **THERE ARE NO REFUNDS FOR PRACTICE ICE SESSIONS, EVEN IF NOT USED.** Sessions may be designated by level and discipline if entries warrant. Music will not be played on practice ice.

Pre-Purchase: Practice ice may be purchased after completion of registration via [EMS Competition Portal](#). A maximum of 2 practice ice sessions (Singles, Solo Dance) and maximum of 1 practice ice session (Specialty, Showcase, Compete USA) may be pre-purchased per skater, per eligible event. Pre-purchased sessions are available at the discounted rate of \$15 if purchased by March 10th.

Pre-Purchase Session Selection: After the close of entries and shortly after the competition schedule is published, skaters will receive an email with notice of the schedule of practice ice sessions and the date/time when pre-purchased practice ice sessions may be selected via [EMS Competition Portal](#).

Open Sales: Following the close of the Pre-Purchase Selection window, skaters may purchase additional practice ice sessions for \$20 per session. Refer to Information within [EMS Competition Portal](#) for practice ice dates. Practice Ice may also be purchased during the competition via [EMS Competition Portal](#) or at the Practice Ice Desk.

EMS (SKATER) PRACTICE ICE RESOURCES: [Pre-Purchase](#) and [Selection](#) | [Open Sales](#)

LOCKER ROOMS and CHANGING FACILITIES: Competitors are encouraged to arrive at the rink fully dressed with hair and makeup complete. Space will be designated for skaters to put on their skates. Limited locker rooms will be available for changing purposes for skaters with multiple events on a given day or for those traveling from a considerable distance.

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe](#) page).



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FACILITIES: The competition will be held at Suburban Ice East Lansing, 2810 Hannah Blvd., East Lansing, Michigan 48823. The facility has two 85'x200' ice surfaces. Ample parking is available. Vending machines and an ATM are available.

TEST SESSION: A test session will be held in conjunction with this event if time allows. Information will be emailed to competitors and coaches after the close of registration. Registration for the test session will be on the EntryEeze site at [LSC Test Session](#).

SCHEDULE OF EVENTS: Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries and is subject to change. All participants will be notified of competition and practice ice times, schedules, and announcements via email though EMS once available. Listing a valid email address when registering online is required.

OFFICIAL NOTICES: Official notices will be posted outside the Registration Desk. It is the responsibility of each competitor, parent and coach to check for notices frequently for any schedule changes and/or additional information.

REGISTRATION: The official Registration Desk will be located in the lobby between Rinks 1 and 2, at the skate rental desk. The Registration Desk will open one hour before the first event each day, and remain open until the last event of the day. Please register promptly upon arrival. **Competitors must check in at the Registration Desk at least one hour before their event.** All registration and any other applicable fees must be paid before the skater may be checked in.

VIDEOGRAPHY: A digital download of videos of the full flight for each event entered is included with the entry fee for events with music. Professional videography will be provided by KrPhotogs Photography, www.KrPhotogs.com. You will receive an email from KrPhotogs.

PHOTOGRAPHY: Melanie Heaney Photography will provide action photography of the competition. Photos can be ordered online or on-site at the event. A pre-order discount will be available the week before the competition. Order photos and find more information at <https://melanie-heaney-photography.square.site/>.

Note: per U.S. Figure Skating policy, photographing or recording of anyone other than your own skater is strictly prohibited.

AWARDS: Medals will be awarded for 1st - 3rd places. Ribbons will be given for 4th - 8th places. Presentation of medals will take place in a designated area of the lobby at posted scheduled times. Live results will be posted online.

CRITIQUES: If time allows, critiques will be available for Juvenile – Senior and Adult Gold - Masters IJS Free Skate events for a fee of \$15. Further information will be available after the close of entries.

T-SHIRTS: Competition t-shirts will be available for purchase through an online store and delivered to skaters at registration. Information about how to place a t-shirt order will be emailed to all registered skaters.

CONTACT INFO: If you have questions regarding the competition or practice ice, please contact Van Camp Co-Chair Jenifer VanZanten at lansingskatingclub.vancamp@gmail.com.



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Lansing Area Hotels

Rooms have been blocked at the following area hotels in conjunction with the 2023 Howard E. Van Camp Competition for the March 16-18, 2023 dates. Group block cut-off date is ten (10) days before the first day of the competition. When making your reservation, please use the online link or indicate your affiliation with the Lansing Skating Club/Van Camp Competition to obtain these nightly rates while room availability exists. Reservations must be cancelled 24 hours before the day of arrival to avoid a cancellation penalty.

Best Western Okemos/E. Lansing Hotel & Suites

2209 University Park Drive
Okemos, Michigan 48864
(517) 349-8700

[Book Online: Best Western Okemos](#)

Standard: \$95 plus tax/night

Suite: \$125 plus tax/night

Holiday Inn Express and Suites – Okemos

2350 Jolly Oak Rd
Okemos, MI 48864
(517) 999-8700

[Book Online: Holiday Inn Express Okemos](#)

Standard: \$112 plus tax/night

Comfort Inn – Okemos/East Lansing

2187 University Park Drive
Okemos, MI 48864
(517) 347-6690

[Book Online: Comfort Inn Okemos](#)

Standard: \$89 plus tax/night



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